

The 7 Most Popular Medicines That DON'T WORK

By: S. D. Wells, *Natural News*



It's bad enough to be sick and miserable, missing out on life, activities, work, school – or worse – vacation, but to be sick and then take medicine that either doesn't work or makes matters worse, well, that's just pouring salt in the wound. Yet, that's exactly what most Americans do, day in and day out, thinking that they're doing what's best for themselves or their children, or worse, their babies. Even pregnant women are advised by medical doctors to take the *wrong* medications, and who would second guess someone who's been to eight years of medical school? Actually, *you* should – that's who.

Medical doctors know absolutely *nothing* about nutrition, and they're trained to push and juggle chemical medications that cover up symptoms and bring their patients back for more "regular" checkups and "follow up" visits that not only cost you your money and time, but cost you your health. Plus, the mass media pushes all those same toxic medications that address only the symptoms of sicknesses, disguising the root problems and creating total health nightmares. Nearly every advertisement on TV, in popular magazines and in the newspapers, is for some corporate propaganda that pushes lab-made chemicals that should never be swallowed, rubbed on the skin – or much worse – injected with a needle into you or your baby's muscle tissue.

Ask any Naturopath about the following seven medicines that don't work, and you'll probably hear the same advice. Western medicine is one *big* fraud, and has been for 100 years. The AMA, the CDC, the FDA and the ADA (American Dental Association) are run just like capitalistic businesses; they're in it for profits and at the expense of their patients' health. How long have you been a customer of the sick care industry? Cross check your medicine against this list of the most popular bogus chemical concoctions never meant to enter the human body:

- #1. Over-the-counter (OTC) and prescription antihistamines.
- #2. The flu shot – contains 25,000 times more mercury than is legally allowed in drinking water.
- #3. All immunizations contain known carcinogens that cause severe allergies and cancer.
- #4. Blood thinners.
- #5. SSRIs (selective serotonin reuptake inhibitors)
- #6. Chemotherapy – causes new cancers to develop in the body and cripples immunity.
- #7. Antibiotics – kill all bacteria, good and bad, crippling immunity in the process.

The major problems with antihistamines, blood thinners and SSRIs

So, you're probably asking what's wrong with antihistamines, because for a few hours after you take some, you always feel a little bit better. Here's what happens: The antihistamines shrink your membranes, retracting some of that mucus in your sinus cavities, in your throat, behind your eyes, and even shrinking the glands that produce it. That's why you feel a little better, because that sinus headache dissipates and some of the pressure is relieved, plus you can breathe better for about three to four hours. But then comes the nightmare. You see, your body produces mucus to *push out* the problem, which could be allergens, bacteria, viruses, you name it. So what you're doing by taking antihistamines is almost ensuring you get a sinus infection, or later, when it moves to your chest, a bronchial infection. You're suppressing the body's natural detoxification method, and keeping in the germs the mucus might have carried out. Oops. MDs love prescribing antihistamines, and the strong ones too, because it nearly guarantees you'll be back with bigger problems – hence more money for them to pay the bills for their three-story homes, luxury vehicles, swimming pools and yachts.

Then there are the dreaded blood thinners, and since two out of every three Americans just can't seem to stop eating sausages, steaks, hot dogs and margarine, what would seem to be the only "trade off?" Rat poison! Coumadin and Warfarin are dangerous drugs that cause people to bleed to death from basic little cuts and bruises. Both of these blood thinners weaken blood vessels and cells, and *kill* rats in clinical trials. Then, the moronic MDs tell everyone they've prescribed them to *not* to eat greens! Want a simple solution that's natural? Take 1,000 milligrams of vitamin C daily, which coats the red blood cell walls and prevents them from breaking or bleeding. Also, vitamin E (about 400 IU daily) coats red blood cells and binds collagen in blood vessels, and that prevents strokes and bleeding. No MD will ever recommend these because they're likely to lose their licenses to dish out chemical poison.

As for SSRIs, the worst thing someone suffering from depression or anxiety can do is to block their production of serotonin, and attempt to "regulate" its redistribution with chemicals. Prof. David Healy, the head of psychiatry at a hospital in the U.K. says the *entire* premise behind SSRIs and how they work is based on a myth. He warns that these drugs, which just so happen to promote suicidal and homicidal tendencies, have *never* been scientifically shown to balance

anything in the brain whatsoever. So much for correcting "chemical imbalances" – that was all just some crafty marketing rather than laboratory testing or science-based research. It's all just false hope and chemical-placebo effects, if you're lucky. Want some *real* natural remedies for depression? Consider dark organic chocolate, mucuna dopa bean and St. John's Wort.

Bottom line: If you're sick and tired of being sick and tired, seek out natural remedies, and avoid at all costs the most popular seven medicines that DON'T WORK.

Sources for this article include:

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