

## Are You Allergic to Fluoride?

By *Ethan A. Huff, Natural News*

Physicians' Desk Reference says millions of Americans experience hypersensitive allergic reactions from exposure to toxic chemical

Repeated exposure to the toxic fluoride chemicals added to water supplies across the US is responsible for causing many long-term health conditions, which include things like dental fluorosis, kidney disease, brain damage, endocrine disruption, thyroid disorders, bone disease, gastrointestinal damage, cancer, and tooth decay (<http://www.fluoridealert.org/health/>). But in the short term, some individuals that are hypersensitive to fluoride will experience immediate and severe allergic reactions upon exposure, according to the respected Physicians' Desk Reference (PDR).

It is not something that most fluoride advocates are willing to admit, but there are literally millions of Americans with fluoride hypersensitivity that are having to endure toxic, and often painful side effects from fluoride exposure on a daily basis. According to PDR, roughly one percent of the population, which translates into at least three million Americans, has this hypersensitivity, which translates into serious rashes and lesions on skin and in the mouth, as well as gastric problems, headaches, joint pain, weakness, vision problems, and chronic fatigue.

"In hypersensitive individuals, fluorides occasionally cause skin eruptions such as atopic dermatitis, eczema or urticaria," say numerous editions of PDR published over the years (<http://www.fluoridealert.org/health...>). "Gastric distress, headache and weakness have also been reported. These hypersensitivity reactions usually disappear promptly after discontinuation of the fluoride."

But for most Americans, discontinuation of fluoride is simply not an option, at least not in practical terms. Fluoride is very difficult to remove from water, as few filters on the market are able to effectively eradicate it. So this means that every time a person living in a fluoridated community drinks tap water, washes dishes, takes a shower, or even stands in a room with fluoridated water -- fluoride chemicals can actually become airborne -- he or she is being forcefully exposed to fluoride chemicals.

Despite all the baseless claims made by fluoride apologists about the chemical's alleged benefits, there truly is no legitimate scientific basis for adding the toxic chemical to water. If the short-term harm inflicted upon the one percent of hypersensitive individuals is not enough, consider the long-term harm inflicted upon everyone else because of exposure (<http://www.fluoridealert.org/>).

"I know of absolutely no, and I mean absolutely no means of (cancer) prevention that would save so many lives as simply to stop fluoridation," said Dr. Dean Burk, PhD, who formerly worked at the US National Cancer Institute (NCI), in a 1982 judicial hearing. "There you might save 30,000 or 40,000 or 50,000 lives a year, cancer lives. That is an awful lot of lives a year."

Sources for this article include:  
<http://www.fluoridealert.org/health>