

The answer to Breast Cancer and Thyroid Disease

By Jonathan Landsman

In 2010, almost 1.5 million women (worldwide) were told, "you have breast cancer". Another alarming statistic reveals that nearly 1 in 8 women (age 70 or older) will experience breast cancer - in their lifetime. But, what if I told you, there is a (natural) solution that your doctor never learned in medical school.

The NaturalNews Talk Hour presents "Iodine - The Answer to Breast Cancer and Thyroid Disease" with our special guest David Brownstein, M.D., a Board-Certified family physician and one of the foremost practitioners of holistic medicine.

"I'm a new listener and really enjoying the intelligent and thought provoking questions you ask." - Sue

The most misunderstood nutrient on the planet

In the United States, medical doctor are told that humans get all the Iodine they need from salt. This is simply NOT true! (if you doubt this statement - get tested yourself) In fact, according to Dr. David Brownstein, there is an epidemic of iodine deficiency with over 90 percent of his patients testing below healthy levels.

Iodine is essential for healthy hormone production, immune response and cancer prevention. Dr. Brownstein believes it is impossible to achieve optimal health when there is an iodine deficiency. Iodine therapy can help you with ADHD, breast cancer, detoxification, fatigue, hypothyroidism, plus much more! Join us for an important show about YOUR health!

The NaturalNews Talk Hour begins this Thursday evening at 6pm Pacific / 9pm Eastern, and registration is FREE. Click this link - <http://www.naturalhealth365.com> and enter your email for FREE show details + a FREE gift!

The underlying issue behind Thyroid dis-ease

According to Dr. Brownstein, his clinical practice has revealed that just about everyone suffering with Thyroid dysfunction has severe iodine deficiency. But, it's not enough to just eat salt or supplement with iodine. You MUST be sure to get the right kind of iodine to produce a positive result.

Have you been tested properly? Dr. Brownstein says the commonly-used, spot iodine (skin) test is useless! It's better to get a "spot urinary iodine test" - which test your morning urine to see how much iodine is present. Or, you can take a "24 hour iodine loading test" - which give you a pretty good idea how much iodine has been excreted and retained. Bottom line: get tested and consult a qualified, holistic medical professional.

This week's guest: David Brownstein, M.D., Board-Certified family physician

Iodine - The Answer to Breast Cancer and Thyroid Disease - Thu. Feb. 2

David Brownstein, M.D. is a Board-Certified family physician who utilizes the best of conventional and alternative therapies. He is the Medical Director for the Center for Holistic Medicine in West Bloomfield, MI. and a graduate of the University of Michigan and Wayne State University School of Medicine.

Dr. Brownstein is a member of the American Academy of Family Physicians and the American College for the Advancement in Medicine. A world renowned, international speaker - Dr. Brownstein has authored ten books, including, *Drugs That Don't Work and Natural Therapies That Do*; *Overcoming Thyroid Disorders* 2nd Edition; and *The Soy Deception*.

Get Answers Now! A proper education is the foundation for long-lasting, optimal health. If you know someone concerned about breast cancer or thyroid dis-ease - then help us spread the word about this program. (post this article on your Facebook or Twitter account) Hope you can join us!