

Iodine Therapy for Thyroid and Immune Support

By Jonathan Landsman, Natural News

Did you know that doctors once considered iodine to be one of the most beneficial medicines on the planet? Naturally, this was before the pharmaceutical cartel seized control of conventional medicine.

A lack of iodine can make it difficult to properly detoxify the body; create thyroid dysfunction and promote cancer cell growth. In fact, Dr. David Brownstein, iodine expert suggests that most of the population is grossly deficient in this valuable mineral. Find out how iodine therapy can help eliminate dis-ease and promote optimal health - fast!

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Is your modern lifestyle robbing you of iodine?

In the 1920s, goiter, or enlarged thyroid gland was a common health problem until we added iodine to salt. But, today, many people have reduced their iodized salt consumption and added chlorine, fluoride and bromide to their diets. The problem is - chlorine, fluoride and bromide lower natural iodine levels within the body by blocking iodine receptors.

Keep in mind, chlorine is commonly used to help "purify" the water in place of iodine. According to conventional dentists - who have been brainwashed by the biggest corporations in the world - fluoride will help "strengthen our teeth" - yeah right. And, bromines replaced iodides in most commercially sold baked goods - since the 1980s. All three of these elements are extremely toxic for the thyroid and dangerous for the rest of our body.

Did you know that bromide can cause depression, headaches, hallucinations or even schizophrenia? And, by the way, there are no long-term studies that show fluoride has any beneficial effect on human health.

The connection between Iodine and breast cancer rates.

Observational studies suggest there is a strong connection between thyroid dysfunction and breast cancer. Currently, one in seven American women will develop breast cancer during her lifetime. Yet, thirty years ago, when iodine consumption was much higher than it is today - one in 20 women developed breast cancer. Need I say more?

It's interesting to note that women in Japan, that consume high levels of dietary iodine, have much lower rates of breast cancer and thyroid problems. But, when those women move to the United States and adopt a Western diet, including much less iodine - their rates of breast cancer and thyroid diseases increase dramatically! Vitamin D; iodine supplementation and fresh, organic whole foods would turn a sick nation around - overnight! It's time to wake up humanity to a better way of living.

This week's guest: Terry Lemerond, a pioneer in the natural products industry

Discover how iodine can help to heal wounds; destroy bacteria and viruses + prevent cancer

Terry Lemerond is an icon in the natural products industry and was the first to introduce to market Gingko biloba, glucosamine sulfate, IP6, black cohosh, and botanical standardization. He is the recipient of the Natural Products Association Industry Champion Award, which recognizes individuals who have made notable contributions to the natural products industry.

Terry's mission is to introduce revolutionary natural products that will improve the health of America. He conducts educational seminars on the benefits of natural medicines and is frequently interviewed in print and on the radio.