

## **Are Statin Drugs the Cause of Widespread Decline in Brain Function?**

*By Ethan A. Huff, Natural News*

Diseases of the brain are rampant in America today, and evidence suggests that a popular class of pharmaceutical drugs may be largely to blame. They're known as statins, and the science behind how they function in the body reveals that these powerful drugs gradually degrade the brain by depriving it of cholesterol, leading to memory problems, dementia and other similar conditions.

In his book *Lipitor: Thief of Memory*, Dr. Duanne Graveline, M.D., wrote about his horrific experience with statins, and how they caused him to suffer two transient global amnesia events as well as chronic neuropathy. The former astronaut and aerospace medical research scientist explains how these traumatic events were the direct result of statins altering his brain.

His good friend Dr. David Brownstein also highlighted the mechanics behind this damage on his blog, pointing out that statins work by poisoning an enzyme known as HMG-CoA reductase, which the body uses to produce cholesterol, adrenal hormones, sex hormones and memory proteins. HMG-CoA reductase is also responsible for maintaining cell energy, which is needed by every system of the body.

Artificially blocking or otherwise inhibiting this vital enzyme is a recipe for health disaster, explains Dr. Brownstein, which is why he advises against anyone taking statin drugs. He also questions why any cognizant doctor would prescribe them, knowing that as many as 3.6 million people have reported brain dysfunction as a result of their use.

"You can't poison a crucial enzyme or block an important receptor for the long-term and expect a good result," explained Dr. Brownstein in his book *Drugs That Don't Work and Natural Therapies That Do*.

### **Statins destroy the body and they don't even work**

Based on the thousands of entries published in the U.S. Food and Drug Administration's (FDA) Adverse Events Database, statins have been linked to everything from short-term memory loss and disorientation to chronic depression and dementia. This same database reports well over 100,000 adverse events in other areas as well, which based on the 1-10% reporting rate probably translates into millions of people harmed by statins.

As we've reported in multiple instances, statin use is linked to liver damage, kidney poisoning, muscle pain and degradation, and heart failure, as well as many other health conditions. And the worst part is that statins have never even been shown to work as claimed, which means

they're both ineffective and highly destructive.

"Perhaps we could live with all these adverse drug reactions if statins significantly lowered the risk for cardiovascular disease. But, they don't," wrote Dr. Brownstein on his blog.

"Statins have never been convincingly shown to prevent a first heart attack in both men and women. In men, the best of the statin studies show a 1-4% reduced risk of preventing a secondary cardiac event. In women, the numbers are worse."

This is highly disconcerting in light of calls by some medical professionals for statins to be handed out like candy, or even dripped into public water supplies alongside fluoride. This so-called "medicine" is wreaking havoc on public health, and it doesn't even provide any legitimate therapeutic benefits. So why is it still on the market?

"These drugs frequently cause muscle damage, muscle cramps, muscle weakness, muscle aches, exercise intolerance (even in the absence of pain and elevated CPK -- a muscle enzyme), sexual dysfunction, liver and nerve damage and other problems in 10-15 percent of patients who take them," added Dr. Mark Hyman.

"They can also cause significant cellular, muscle, and nerve injury as well as cell death in the ABSENCE of symptoms."

**Sources:**

<http://blog.drbrownstein.com>

<http://www.amazon.com>

<http://www.drbrownstein.com>

<http://drhyman.com>